

Kakira weathers Covid storm Creates new sanitiser brand

On Sunday March 22, 2020, the President of Uganda addressed the nation and confirmed the reports of a global pandemic – the coronavirus named Covid-19. The first case of the virus had been confirmed in the country and the population was put on a number of increasingly strict lockdown measures.

The directors and management of Kakira Sugar Limited immediately began to implement the recommended health and safety measures on the estate. Three committees were formed to develop and implement strategies.



Every employee undergoes a temperature check at the KSL office main entrance

A. STRATEGIC TASK FORCE

To develop Covid 19 response strategies

Christian Vincke	General Manager
Satish Sawhney	Director Finance
Dr. Singh	Medical Superintendent
Dr. Adia	Medical Doctor
Moses Thenge	Human Resource Manager
Geoffrey Wabomba	Safety Health & Environment Manager

B. SUB-COMMITTEE

To oversee the implementation of the response strategies

Geoffrey Wabomba	SHE Manager
Chris Strathern	Works Manager
Samuel Chidoma	Agriculture Manager
Andrew Baker	Outgrowers and Cane Devt. Manager
Jamal Rashid	Management Systems Coordinator

B. SANITISER PRODUCTION COMMITTEE

To oversee the production of sanitiser

Christian Vincke	General Manager
Satish Sawhney	Director Finance
Manish Uniyal	Business Development Manager
Mr. Madheswaran	Distillery Manager
Mr. Bomanjee	CPD Local Manager

The committees oversaw the implementation of the directives, including closure of schools, closure of recreational premises, cessation of public gatherings and open air markets and ban on international travel for Ugandan and expatriate staff.

The country was still in need of essential food and services, therefore the presidential directives allowed plantations and factories to continue

operation according to strict Standard Operating Procedures (SOPs) as dictated by the Ministry of Health.

Kakira Sugar Limited is a large scale industrial operation that has met with the required standards and has been able to continue operation through the lockdown period. Several health and safety measures have been put in place as follows.

Employees follow prevention measures

1. Handwash facilities at several points including factory entrances, canteen, outgrowers office, labour villages and fields
- 2 Hand sanitisers at office entry points and all biometric system points
3. Temperature monitors at various entry points and gates, where anyone found to have a body temperature above 37.5°C will immediately be referred to the hospital
4. Office meetings cancelled and essential ones limited to a maximum of 6 people in the conference hall. Where possible, use conference call meetings
5. All training activities on hold
6. All travel off the estate and entry by non-essential visitors to KSL was not permitted
7. Customers with permission from relevant authorities are subjected to mandatory temperature screening
8. All staff issued with face masks and required to wear them while at work



Employees use a new handwash facility at the factory entrance

The management of Kakira Sugar Limited went a step further and took up the call to contribute to the nation's battle against Covid-19 by launching a new brand of sanitiser.

Kakira Klean hand sanitiser is being manufactured from the internationally-recognised best quality Extra Neutral Alcohol made at Kakira Distillery. The growing national demand for sanitisers led to a lot of fakes on the market, and by April 10,

the National Drug Authority (NDA) reported that about 60% of sanitisers in the Uganda market had failed efficacy tests.

Kakira Klean sanitiser has been certified as 99.9% effective by the NDA. It has also received certification from Uganda National Bureau of Standards. It is available in jerrycans of 5 litres (UGX 50,000) 10 litres (UGX 92,000) and 20 litres (UGX 175,000).

As quarantines and lockdowns continue across the world, we have all had to adjust to a new idea of what is safe and normal. Some of us struggled to pay first term school fees, only to have the children sent home in the lockdown. Some of us made business investments which are being affected. Some of us were planning to plant fields, buy property or get married. Old or young, rich or poor, employer or employee – everyone has had an obstacle placed in their way or a plan diverted.

You may be tempted to think

Editorial

Kindness and gratitude bring clear vision

you are the only one affected and that your mountain is the tallest to climb. The fact is that there is always someone who has an even higher obstacle to surmount. Daily income earners who can no longer work. Pregnant mothers with no way to get to referral or specialist hospitals. Those nursing critically ill patients or who are now forced to bury their dead alone. People are stuck and starving.

Instead of complaining, thank God that we live in an insulated estate. Be thankful that we still have jobs when millions across the world and in this very country have lost theirs. All around us there are people in real need, people we can encourage, help and share with. Don't pretend not to see them and don't magnify your own problems. Sow seeds of kindness and gratitude because we are all in this together.

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KSL donates to national Covid-19 relief

The Madhvani Group and Kakira Sugar Limited have made a donation towards the national efforts against Covid-19 in Uganda.

As per government directives, the donation was channelled through the office of the Prime Minister and the Ministry of Health. It is intended to assist all hospitals in the country, as well as for Busoga region, where Kakira Sugar Limited is located.

KSL donated 2 brand new double cabin 4x4 pickup trucks to the Health Ministry to assist frontline health workers, as well as a total of 5,280 litres of Kakira Klean sanitiser.

The vehicles were handed over in Kampala, while the donations for Busoga were handed over by the general manager at the Kakira estate.

To the Ministry of Health, Kampala			
Two Double Cabin 4x4 Pickups to help all the frontline health workers in the country.			
To hospitals in Kampala			
Item	Unit	Quantity	
Kakira Klean Sanitiser	20 litres @	100 jerrycans	
Kakira Klean Sanitiser	5 litres @	200 jerrycans	
To Busoga Kingdom			
80 jerrycans of Kakira Klean Sanitiser of 5 litres each			
To hospitals in Busoga			
District	Item	Unit	Quantity
Jinja	Kakira Klean	20 litres @	30 jerrycans
Iganga	Kakira Klean	20 litres @	20 jerrycans
Kamuli	Kakira Klean	20 litres @	20 jerrycans
Kavunza	Kakira Klean	20 litres @	10 jerrycans



Available in
5L, 10L & 20L



Dr. Aggrey Batesaaki receives 400 litres of sanitiser on behalf of Kamuli Hospital



KSL General Manager Christian Vincke hands over 60 litres of sanitiser to Maj. Henry Mutabaruka of the Uganda People's Defence Forces. Flanking the GM are Company Secretary S. K. Iyengar (left) and Business Development Manager Manish Uniyal (right)



Mr. Matia Wakalali receives 400 litres of sanitiser on behalf of Busoga Kingdom

Kakira Secondary School in Jinja District top 10 for O-Level results

Kakira Secondary School has once again topped the Jinja District performance index in the national O Level examinations, coming 8th overall. The Headmistress of the school, Josephine Kasozi, lauded the students for the good performance which saw 23 students pass in first grade, with the science subjects done better in general.

“This is a day school but our students managed to compete with others from boarding facilities with extra lessons at night,” Kasozi pointed out. Secondly, Kakira Secondary School does not select and admit students according to grades as they are joining S1, as is the case with most school countrywide. “When our students perform well, it is really a genuine effort from the students and the teachers,” she added.

Kakira Sugar Limited has provided extensive support to the school, coupled with a good learning environment. We congratulate the students, school staff and the parents as we look forward to greater achievements.

Hear from the students

Joel Oguti - 13 aggregates

Before joining Kakira Secondary School, Joel attended Factory Primary School. He aspires to be an engineer. “I have always wanted to be the best and this



Kakira Secondary School staff pose for a photo with some of the top students

always pushed me to read hard and discover new things,” Joel says. “I have also enjoyed seeing my friends also excel in their studies.”



Joel Oguti

Marvin Sebastian Lubonge - 13 aggregates

Marvin attended Kabiaza Primary School before he joined Kakira Secondary School for O Level. “I want to have a bright future, and this has been my driving force,” Marvin says. “I want to become a cardiologist.”



Marvin Lubonge

Joshua Bogere Balikoowa - 15 aggregates

Before joining Kakira Secondary School, Joshua attended Factory Primary School. He credits his parents for encouraging him to stay focused and study hard. “I want to be a doctor in future,” he says.



Joshua Balikoowa



Dalton Kamanzi

Dalton Kamanzi - 15 aggregates Dalton attended Madhvani Primary School before joining Kakira Secondary School. He attributes his success to the endless support and efforts of his teachers and parents. "I would like to share knowledge by being a lecturer in sciences," he says.



Alpha Malanga

Alpha Magomu Malanga - 30 aggregates Alpha attended Madhvani Primary School before joining Kakira Secondary School. He aspires to become a doctor. "My teachers and my mum encouraged me a lot and I personally wanted to succeed," he says.

Keeping your children engaged

We cannot be certain when the lockdown will be lifted, nor can we expect things to immediately snap back to normal after it is over. Most likely there will be a gradual and slow re-opening of facilities, and some things may not operate the same way they used to in the past.

For many of us, this lockdown has meant that children who were previously at boarding or day school are now back home. Beyond worrying about feeding them physically, we must be responsible for their mental growth and wellbeing during this period and use this unique opportunity to spend time bonding with our families. These are a few ideas on how to engage your children during this period.

First of all, you must explain to them what is going on because they also have questions, fears and expectations. They are not just happy to have a holiday – children of all ages can also sense that what is happening all over the world is strange, and it is your responsibility to give them all the relevant information about Covid-19.

Create a routine for your children which utilises the morning hours for study, especially in Mathematics and English. They can go over their notes and past papers, but be sure to check that they have actually accomplished something. Use the afternoons for exercise, science, art and

various life skills like cooking or gardening.

Regulate the amount of time they spend watching television and pay attention to what they are watching. There are channels with informative, educational material, as well as children's programmes and sports. A whole day of watching music videos is not useful.

Incorporate family rest days and prayer time in your schedule. Whatever your beliefs or faith, now is a good time to see just how much your children understand their God and what questions they may have about life and worship.

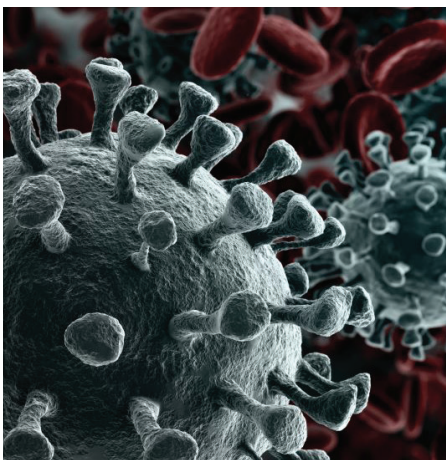
For those with access to the internet, there are many free resources that you can find and use with your children. There are children's book pdfs, past papers, simple science experiments you can conduct at home with your child, songs, videos and more.

Even without access to the internet, there are free PLE past papers in the newspapers. Our homes are also full of things we throw away that can be used to make toys and projects for our children, like empty boxes, bottle tops, kaveera or old clothes. You can make balls, cars or teach your child to sew. Teach them to write letters or practice their handwriting. Have them recite their multiplication tables or memorise Bible verses. You don't have to be a teacher to help them make meaningful use of this time.

What you should know about Covid-19

What is coronavirus and Covid-19?

Corona is a Latin word which means 'crown'. The name was chosen because when the virus is examined under a microscope, you can see spikes on its surface which resemble those on a crown.



Blood sample containing Coronavirus

Coronaviruses are a group of viruses found in birds, animals and humans. In rare cases they spread from animals to humans. Coronaviruses vary in severity but all have the potential of causing respiratory illness. Covid-19 is just one of these coronaviruses with the capacity to cause illness. The name is an abbreviation of Corona Virus Disease-2019, and it was first identified in Wuhan, China in December 2019.

Other examples of coronaviruses include the Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS), which caused hundreds of deaths in 2003.

Will I die if I get Covid-19?

At the time of writing this bulletin, there were just over 2.4 million diagnosed cases of Covid-19 globally. In Uganda only 55 cases have been confirmed, with none critical and no deaths. However, globally there have been over 165,000 deaths.

Approximately 3% of Covid-19 infections become critically ill and result in death. This may not seem like a frightening percentage, until you consider the speed and ease with which the disease is spread. This is why it is important to limit the number of people who get infected to prevent exposing the 3% who can eventually die from it.

Those who are prone to serious illness include the elderly and people who are already ill with other conditions like asthma, diabetes, kidney disease and heart disease. Another category is those who have HIV, especially if it is not being managed or treated well. Those undergoing treatment for cancer also have weak immune systems and are prone to severe illness with Covid-19, as are those who smoke or who have undergone a recent bone marrow or organ transplant.

What are the symptoms of Covid-19?

Infection with Covid-19 primarily affects the respiratory

system, and the main symptoms are a sore throat, cough, fever and breathlessness. While it is important to be alert for symptoms of the disease, it is equally important not to panic and assume that every sneeze is Covid-19.

There are other things such as the common cold, allergies and sinus infections that can cause one to sneeze, or even malaria that could cause fever and body pain. Please study the chart illustration to determine if the combination of symptoms, as well as the severity, could require you to take further tests.

COVID-19 SYMPTOMS vs. Flu, Cold & Allergies				
	COVID-19	FLU	COLD	ALLERGIES
COUGH	●	●	●	●
FEVER	●	●	●	●
BREATHLESSNESS	●	○	○	●
BODY ACHES	●	●	●	○
HEADACHE	●	●	●	●
FATIGUE	●	●	●	●
SORE THROAT	●	●	●	○
DIARRHEA	●	●	○	○
RUNNY NOSE	○	●	●	●
SNEEZING	○	○	●	●
WATERY EYES	○	○	○	●

● Frequently ● Sometimes ● Little ● Rarely ○ None

How is Covid-19 spread?

Coronavirus is spread from human-to-human when an infected person's sneeze or cough droplets come into contact with others. It can also spread when a person touches a contaminated surface like a desk, chair or door handle, and then touches their eyes, nose or mouth.

Think about your daily activities: sharing bottles, glasses or drinking straws. Shaking hands and hugging. Sharing a cigarette. Holding a baby close. Borrowing a phone. Handling coins as you buy items. Anything that brings you in close proximity to someone else or something they have just touched is a way for the disease to be transmitted.

Why the lockdown?

Like HIV, it is not always obvious who is infected with Covid-19. According to scientists studying the disease, it may take up to 14 days for the symptoms of the disease to show. During this time, the infected person is still able to pass it on. For others, the symptoms will remain very mild and they will get better without even knowing they had the virus, but they can still pass it on and possibly reach someone in that 3% who is prone to dying from Covid-19.

There has been no cure or vaccine found for Covid-19 yet, so the best way to protect the vulnerable is to prevent the spread of the disease. The only way to do that is to limit all unnecessary human contact and movement. Without a way for Covid-19 to spread it is hoped that the sick will recover and the virus will die out as research on medication or vaccine continues.

Protecting yourself from Covid-19

Even while in lockdown, we will still meet other human beings.

There are additional measures to protect oneself from infection.

- Avoid close contact with people who are visibly sick with flu-like symptoms (fever, cough, sneezing).
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and running water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitiser.
- Stay home when you experience these symptoms to avoid spreading illness to others.
- The sick are encouraged to use a facemask to cover their nose and mouth.
- Cover your mouth and nose with a tissue when you cough or sneeze, then throw the tissue in the dustbin and wash your hands thoroughly with soap and running water.
- Regularly clean and disinfect frequently touched objects and surfaces such as door handles and phones.

DID YOU KNOW

In 1918 a pandemic called Spanish flu hit the world and lasted until December 1920. It infected 500 million people and is estimated to have killed over 50 million, making it one of the deadliest pandemics in human history.



Tips for coping with lockdown

Diet: Eat fruits and drink plenty of water.

Exercise: Walk, play with your children and be active. Exercise improves immunity.

Mental health: Count your blessings and be grateful for what you do have. Do not isolate yourself, spread fear or meditate on the negatives. Everyone is being affected by this lockdown, so do not think it is about you.

Money: Rethink your budget and prioritise your expenditure, keeping in mind that you do not know how long the lockdown will last or how it will affect prices and availability of goods.

Future: Use this time to reflect on your future goals, relationships, physical and mental health and more. What do you want for yourself and what are your priorities?

Contraception: In the spirit of planning, it is very important not to allow the inactivity of lockdown to become a catalyst for unplanned pregnancies. This is a warning for both adults and those with teenage children. Keep yourself on track and keep your youthful children safe.

Environment: Now is a good time to clean your home and surroundings. Maybe plant a tree for remembrance of the strange days that came along with COVID-19.



STAY KLEAN STAY HEALTHY

use **KAKIRA KLEAN**
Original Hand Sanitizer



Kills
99.99%
of Germs
+

As a lion responds to a call in the wilderness, it is our responsibility to stand up for our nation and fight the world pandemic together in this trying time with Kakira Klean Alcohol-based Hand Sanitizer.

Benefits of Kakira Klean

- it is alcohol-based and provides more protection
- acts quickly to kill micro-organisms
- chances of infection and illness decreases

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